

V1.3

**NARWEE  
PUBLIC SCHOOL  
CANTEEN**

**TASTY  
DELIGHTS  
CANTEENS**

## SNACKS

CHEESE & CRACKERS.....	<b>E</b> 2.50
VEGE STICKS & HOMMOS.....	<b>E</b> 2.40
WHOLE FRUIT.....	<b>E</b> 1.00
FRUIT SALAD TUB.....	<b>E</b> 3.00
WATERMELON TB.....	<b>E</b> 3.00
YOGURT & MUESLI.....	<b>E</b> 2.00

## BREAKFAST

RAISIN TOAST.....	<b>E</b> 1.00
CHEESE TOASTIE.....	<b>E</b> 2.50
CHEESE & TOMATO TOASTIE.....	<b>E</b> 3.00
VEGEMITE TOAST.....	<b>E</b> 1.00
ZAATAR WRAP.....	<b>E</b> 2.00
CHEESE & ZAATAR WRAP.....	<b>E</b> 3.00

## DRINKS

WATER.....	<b>E</b> 2.00
ORCHY 100% JUICE (250ML). <small>(Apple, Apple Blackcurrant, Orange)</small>	<b>E</b> 2.50
FLAVOURED MILK (250ML) (CHOC OR STRAWBERRY).	<b>E</b> 2.90
CHILL J (250ML) (VARIOUS FLAVOURS).	<b>E</b> 2.50
CHILL ICED TEA (250ML) (PEACH).	<b>O</b> 2.50
CHILL ALOE POMEGERANATE (500ML).	<b>E</b> 3.50
UP & GO (CHOC/VANILLA).	<b>E</b> 2.80

## SANDWICH & WRAPS

White, Wholemeal and GF bread available

CHEESE.....	<b>E</b> 2.50
CHEESE & TOMATO.....	<b>E</b> 3.00
EGG.....	<b>E</b> 3.00
EGG & CHEESE.....	<b>E</b> 4.00
CHEESE & SALAD.....	<b>E</b> 4.00
CHICKEN & MAYO.....	<b>E</b> 4.00
CHICKEN & CHEESE.....	<b>E</b> 4.00
CHICKEN & SALAD.....	<b>E</b> 4.50
CHICKEN, CHEESE & SALAD.....	<b>E</b> 5.00
FALAFEL WRAP (GF OPTION AVAILABLE).....	<b>E</b> 5.00

## SALAD BOWLS

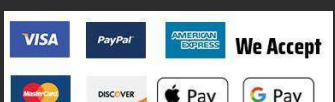
GARDEN SALAD.....	<b>E</b> <b>GF</b> 5.00
<small>Mixed lettuce, tomato, cucumber, carrot &amp; onion</small>	
CAESAR.....	<b>E</b> 5.00
<small>Cos lettuce, grated cheese, croutons, egg</small>	
GREEK SALAD.....	<b>E</b> <b>GF</b> 5.00
<small>Mixed lettuce, tomato, cucumber, onion, feta, cheese, olives</small>	
FRESH CHICKEN SALAD.....	<b>E</b> <b>GF</b> 5.50
<small>Mixed lettuce, tomato, cucumber, carrot, onion, sliced chicken breast</small>	
TUNA SALAD.....	<b>E</b> 5.50
<small>Mixed lettuce, cucumber, grated cheese, diced beetroot, corn kernals</small>	

## RICE PAPER ROLLS

FRESH CHICKEN.....	<b>E</b> <b>GF</b> 3.00
<small>Fresh chicken, lettuce, carrot, cucumber</small>	
TUNA.....	<b>E</b> <b>GF</b> 3.00
<small>Tuna, lettuce, carrot, cucumber</small>	
VEGETARIAN.....	<b>E</b> <b>GF</b> 2.50
<small>Lettuce, carrot, cucumber</small>	

## FROZEN TREATS

TWISTED FROZEN YOGURT.....	<b>O</b> 3.00
<small>(CHOCOLATE VANILLA / WATERMELON MANGO)</small>	
ZOOOPER DOOPERS (NO SUGAR).....	<b>O</b> 1.00
QUELCH 99% FRUIT ICE STICKS.....	<b>E</b> 1.00
ICE MONY FROZEN POPS.....	<b>E</b> 1.50
<small>SOUR BLUE/SOUR RED</small>	
FROZEN JUICE CUPS.....	<b>E</b> 1.50
<small>APPLE BLACKCURRANT/ORANGE</small>	



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# • HOT FOOD •

BEEF LASAGNA.....	<b>E</b>	5.00
PASTA BOLOGNESE.....	<b>E</b>	5.00
MAC & CHEESE.....	<b>V</b>	<b>E</b> 5.00
MEAT PIE.....	<b>O</b>	4.50
SAUSAGE ROLL.....	<b>O</b>	4.50
NOODLE CUP.....	<b>O</b>	3.00
BEEF HOT DOG.....	<b>O</b>	3.50
BAKED POTATO WEDGES.....	<b>O</b>	3.00
VEGETARIAN SPRING ROLLS (4) ..	<b>O</b>	3.50

CHICKEN BURGER.....	<b>O</b>	5.50
Crumbed Chicken Patty, lettuce and Mayo. Option to remove cheese or mayo.		

BEEF BURGER.....	<b>E</b>	5.50
Lean Beef Patty, tomato, lettuce, cheese, beetroot and Sauce		

PREMIUM CHICKEN BREAST NUGGETS, OVER BAKED.....	<b>GF</b>	<b>O</b>	EACH 0.60	5 FOR 3.00
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## PIZZA

CHEESE PIZZA SLAB.....	<b>O</b>	5.00
BBQ CHICKEN PIZZA SLAB.....	<b>O</b>	5.50
HAWAIIAN PIZZA SLAB.....	<b>O</b>	5.50
VEGETARIAN PIZZA SLAB.....	<b>V</b>	5.50
HOMEMADE MINI ZATAAR PIZZA.....	<b>E</b>	4.00

# DAILY SPECIALS

**NOTE : DAILY SPECIALS MUST BE SUBMITTED BY 9AM THE DAY BEFORE**

## • MON •

**KAFTA WRAP.... 6.00**  
Kafta, lettuce, tomato & hommos on lebanese bread

## • TUES •

**VEGETARIAN NACHOS..... 6.00**  
Nachos, cheese, salsa sauce

## • WED •

### SUSHI

1 FOR 4.00 or 2 FOR 7.50

**TUNA & CUCUMBER  
CHICKEN TERIYAKI  
TEMPURA PRAWN  
CHICKEN KATSU**

## • THURS •

**CHICKEN TENDER (2) & RICE..... 6.00**  
Grilled chicken and plain rice

## • FRI •

**BUTTER CHICKEN 6.00**  
Butter Chicken & Rice

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**E** Everyday item  
**O** Occasional item

HALAL  
CERTIFIED

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