

V1.4

NARWEE PUBLIC SCHOOL CANTEEN



SNACKS

CHEESE & CRACKERS.....	E 2.50
VEGE STICKS & HOMMOS.....	E 2.40
WHOLE FRUIT.....	E 1.00
FRUIT SALAD TUB.....	E 3.00
WATERMELON TB.....	E 3.00
YOGURT & MUESLI.....	E 2.00

BREAKFAST

CHEESE TOASTIE.....	E 2.50
CHEESE & TOMATO TOASTIE.....	E 3.00
ZAATAR WRAP.....	E 2.00
CHEESE & ZAATAR WRAP.....	E 3.00

DRINKS

WATER.....	E 2.00
ORCHY 100% JUICE (250ML). <small>(Apple, Apple Blackcurrant, Orange)</small>	E 2.50
FLAVOURED MILK (250ML) (CHOC OR STRAWBERRY).	E 2.90
CHILL J (250ML) (VARIOUS FLAVOURS).	E 2.50
CHILL ICED TEA (250ML) (PEACH).	O 2.50
CHILL ALOE POMEGERANATE (500ML).	E 3.50
UP & GO (CHOC/VANILLA).	E 2.80

SANDWICH & WRAPS

White, Wholemeal and GF bread available

CHEESE.....	E 2.50
CHEESE & TOMATO.....	E 3.00
EGG.....	E 3.00
EGG & CHEESE.....	E 4.00
CHEESE & SALAD.....	E 4.00
CHICKEN & MAYO.....	E 4.00
CHICKEN & CHEESE.....	E 4.00
CHICKEN & SALAD.....	E 4.50
CHICKEN, CHEESE & SALAD.....	E 5.00
FALAFEL WRAP (GF OPTION AVAILABLE).....	E 5.00

SALAD BOWLS

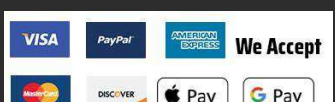
GARDEN SALAD.....	E GF 5.50
Mixed lettuce, tomato, cucumber, carrot & onion	
CAESAR.....	E 6.00
Cos lettuce, grated cheese, croutons, egg	
GREEK SALAD.....	E GF 6.00
Mixed lettuce, tomato, cucumber, onion, feta, cheese, olives	
FRESH CHICKEN SALAD.....	E GF 6.50
Mixed lettuce, tomato, cucumber, carrot, onion, sliced chicken breast	
TUNA SALAD.....	E 6.00
Mixed lettuce, cucumber, grated cheese, diced beetroot, corn kernals	

RICE PAPER ROLLS

FRESH CHICKEN.....	E GF 3.00
Fresh chicken, lettuce, carrot, cucumber	
TUNA.....	E GF 3.00
Tuna, lettuce, carrot, cucumber	
VEGETARIAN.....	E GF 2.50
Lettuce, carrot, cucumber	

FROZEN TREATS

TWISTED FROZEN YOGURT.....	O 3.00
<small>(CHOCOLATE VANILLA / WATERMELON MANGO)</small>	
ZOOOPER DOOPERS (NO SUGAR).....	O 1.00
QUELCH 99% FRUIT ICE STICKS.....	E 1.00
ICE MONY FROZEN POPS.....	E 1.50
<small>SOUR BLUE/SOUR RED</small>	
FROZEN JUICE CUPS.....	E 1.50
<small>APPLE BLACKCURRANT/ORANGE</small>	



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• HOT FOOD •

BEEF LASAGNA **E** 5.50

PASTA BOLOGNESE **E** 5.50

MAC & CHEESE **V** **E** 5.50

MEAT PIE **O** 4.50

SAUSAGE ROLL **O** 4.50

NOODLE CUP **O** 3.00

BEEF HOT DOG **O** 3.50

BAKED POTATO WEDGES **O** 3.00

VEGETARIAN SPRING ROLLS (4) .. **O** 3.50

CHICKEN BURGER **O** 6.00

Crumbed Chicken Patty,
lettuce and Mayo. Option to
remove cheese or mayo.

BEEF BURGER **E** 6.00

Lean Beef Patty, tomato,
lettuce, cheese, beetroot
and Sauce

PREMIUM CHICKEN BREAST NUGGETS, OVER BAKED (6 PIECES) **GF** **O** 3.00

PIZZA

CHEESE PIZZA SLAB **O** 5.00

BBQ CHICKEN PIZZA SLAB **O** 5.50

HAWAIIAN PIZZA SLAB **O** 5.50

VEGETARIAN PIZZA SLAB **V** 5.50

HOMEMADE MINI ZATAAR PIZZA **E** 4.00

DAILY SPECIALS

**NOTE : DAILY SPECIALS MUST BE SUBMITTED
BY 9AM THE DAY BEFORE**

• MON •

CHICKEN WRAP.. 6.00

Chicken,
lettuce,
cheese, mayo on
lebanese bread.

• TUES •

BEEF LASAGNA.. 5.50

Beef Lasagna

• WED •

SUSHI

1 FOR 4.00 or 2 FOR 7.50

TUNA & CUCUMBER
CHICKEN TERIYAKI
TEMPURA PRAWN
CHICKEN KATSU

• THURS •

**CHICKEN TENDER (2)
& RICE..... 6.00**

Grilled chicken and
plain rice

• FRI •

BUTTER CHICKEN 6.50

Butter Chicken
& Rice

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