# **Narwee Public School**

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Term 3 – Week 2



# Wednesday 21 July 2021

### Principal's Report

Thank you for being so responsive to the Learning from Home situation that we find ourselves in again. When speaking to Mrs Muffett, she said that it was heart-warming to receive all the 'good mornings' over Classdojo and to see the work that has been uploaded from your children.

Teachers have been cooperatively planning the week's lessons and working to make the learning engaging and accessible for everyone. Our support teachers - Mrs Berrett, Miss Nikolovska and Miss Zheng have also made up special packs to keep their students busy learning.

We are providing paper packs to those families who need it along with the online learning options that are sent via Dojo and for the older students, sent via Google Classrooms as well. By now, all students should be accessing the paper copies or the digital versions and showing their teacher evidence of work each day. The teachers are marking their rolls based on this evidence, so it is important to keep communicating with your child's class teacher.

As you know our school is in the Canterbury -Bankstown LGA and so we have minimum staff on site at school but please reach out if you need any support whilst working at home with your children.

We were optimistically planning many Term 3 events which have had to be postponed or cancelled. We will keep you informed once lockdown has ended as to which events we can hold. Some of the events put on hold are Belonging Day, the Combined Public Schools Music Festival, Education Week and 100 Days of Kindergarten.

We have to look for the silver linings in this situation one could be that our technology skills improve but another could be the precious time we get to spend with our families. I know in my house, my sons have been trying out different recipes that seem to taste better than anything I can cook!

Take much care and stay safe and well.

**Rosemary Monin – Principal** 



# **Opportunity Class Placement Test**

As a result of the most recent advice from NSW Health regarding the duration of Covid-19 restrictions, the Opportunity Class Placement Test has been delayed. New testing arrangements for students will be announced as soon as possible. Parents and carers will be contacted with further details as soon as they are available.

### **Combined Public Schools Music Festival**

#### Information for our Senior Choir & Drumming Students

Ticket sales for the Combined Public Schools Music Festival have been placed on hold due to the extension of the lockdown. If possible, the concert will be moved to a later date.

Any tickets purchased will either be transferred to the new date or refunded.

### **Camp Payments**

We ask parents to hold off making any further payments for camp until we are advised if the camp is able to proceed.

### School Security

#### Please help keep our school safe

If you see anything unusual happening in the school grounds at any time, please call School Security on

#### 1300 880 021

## **Kindergarten Enrolments**

Kindergarten enrolments for 2022 are being accepted for all eligible siblings of those already enrolled at our school.

Children must turn 5 before **1 August 2022** to be able to enrol for next year. You are able to download an enrolment form from our school website or alternatively enrol online through the link on the school's website.



# Wellbeing Information

Please be kind to yourselves and realistic about what you and your children can practically manage to achieve each day while learning from home.

You may be working from home as well as caring for children of different ages and helping them with their learning. You may be facing other challenges related to technology, space, sharing of resources and caring for other family members. It's a testing time for many.

Ensure you and your children maintain mental and physical health by taking regular breaks, exercising & engaging in physical activity and planning some fun activities in your daily program. Keep to regular routines and schedules as much as possible, or create new ones, including learning time as well as time for playing and relaxing.



This can be quite a stressful time for your child and some children may experience anxiety and worry about what's going on in the world and the changes to their daily routine. Talk to your child in a supportive way, listen to their concerns and acknowledge how they are feeling.

#### **Supporting Wellbeing**

There are various resources that can be accessed to support the wellbeing of parents and students:

#### Kids Helpline Phone: 1800 55 1800 Age Group: 5 to 25

A private and confidential 24 hr phone and online counselling service for young people, their family and friends.

#### Mental Health Line Phone: 1800 011 511 Age Group: All Ages

A mental health professional will answer your call about mental health concerns for you or someone you are concerned about including children, teens, adults and older people.

#### **Smiling Mind**

Smiling Mind is a meditation app for young people. It has been developed by a team of psychologists and uses mindfulness to boost calmness, contentment and clarity. Mindfulness meditation has been shown to help manage stress, resilience, anxiety, depression and improve general health and wellbeing.

Cost: Free Available from the App Store & Google Play

# Cyberbullying

A reminder to all our parents and carers that it is strongly recommended that children under the age of 13 should NOT be using social media sites of any kind.

By doing so, children run the risk of cyberbullying and are generally not mature enough to be able to deal with cyberbullies or run the risk of implicating themselves by responding inappropriately.

### **Contact Details**

#### Have you changed your contact details?

It is important that the school has up to date contact details in the event that your child becomes ill at school. Children often become distressed when we are unable to contact their parents.

We ask that all parents notify the office if any of your details have changed. Your assistance in this matter is much appreciated.

Please note: if you move houses we will need a copy of your lease agreement or purchase agreement to enable us to update the information in our school system.

# Planning for 2022

To assist us in planning for 2022 could you please notify the office if your child will not be returning to Narwee Public School next year. This does not include Year 6 students going to high school.

### eSafety Tips and Ideas

Concerns regarding student safety online are constantly in the news headlines. It is important for us as educators and parents to be mindful of children's internet usage.

Raising children in a time of intense focus on social media and online activity can be stressful and worrying for parents.

The office of the eSafety Commissioner is committed to helping all Australians have safe, positive experiences online. They have some outstanding resources available for parents and carers. We encourage all parents to utilise the eSafety commissioner's website:

#### https://esafety.gov.au/parents

This website has information (and links) that includes Privacy and Your Child, Online Safety Basics, Are they Old Enough? and Taming the Technology.

