



*CANTEEN MENU



Green = Healthy food choices that can be enjoyed every day.

Orange = Less healthy food choices that should be enjoyed only sometimes.

* Lunch orders need to be in no later than 9:30am

Breakfast / SNACKS	\$ PRICE	SANDWICHES	\$ PRICE	HOT FOOD	\$ PRICE
		White / Whole meal Bread		Beef Burger Lettuce, Tomato & Sauce	\$5.50
½ toasted reduced fat Cheese Jaffle	\$1.00	Vegemite	\$2.50	Chicken Wrap Lettuce & Mayo	\$5.50
Baked hash Brown	\$2.00	Egg, Lettuce & Mayo	\$4.00	Chicken Burger Lettuce & Mayo	\$5.50
Up & Go Chocolate 250ml	\$3.00	Reduced Fat Cheese Toasted	\$3.50	Beef Lasagne	\$5.50
Up & Go Strawberry 250ml	\$3.00	Reduced Fat Cheese & Tomato	\$4.00	Macaroni Cheese Pasta	\$5.50
Up & Go Vanilla 250ml	\$3.00	Ham, Cheese & Tomato	\$4.50	Baked Potato Wedges	\$5.00
Oak Light Milk Chocolate 300ml	\$3.00	Salad- Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$4.50	Chicken Nuggets (6)	\$5.50
Oak Light Milk Strawberry 300ml	\$3.00	Fresh Chicken, Lettuce & Mayo	\$5.50	Lite Meat Pie	\$5.00
Oak Light Banana 300ml	\$3.00	Tuna, Lettuce & Mayo	\$5.00	Manoush cheese	\$4.50
Paul's Plain Milk	\$2.50	Salmon, Lettuce & Mayo	\$5.50	Manoush Oregano Zaatar	\$4.00
Fruit & Yoghurt cup	\$2.00	EXTRA	\$ PRICE	Manoush Cheese & Oregano	\$5.00
Muesli & Yoghurt Cup	\$2.00	Cutlery	\$0.10c	Noodles Chicken OR Beef	\$4.50
Fresh Fruit Red Apple, Pear, Banana, orange	\$1.50	Tomato or BBQ Sauce Portions	\$0.50c	Hot Dog with sauce	\$4.50
Hot Chocolate	\$2.00				
Fresh Baked 99% fat Free Muffins	\$1.00	SALAD TUBS	\$ PRICE	DRINKS & REFRESHMENTS	\$ PRICE
Diet Jelly & Custard Cup	\$2.00	Tuna & Salad Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$5.50	Harvey Fresh Apple Juice	\$2.50
Cucumber sticks	\$1.50	Chicken Salad Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$5.50	Harvey Fresh Apple & Blackcurrant	\$2.50
Carrot Sticks	\$1.50	Garden Salad Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$4.50	Large Bottle Water 600ml	\$2.20
Veggie Sticks	\$1.50	Greek Salad Lettuce, Tomato, Cucumber, Fetta & Oregano	\$5.50	No Sugar Zooper Dooper	\$1.50
Fresh Corn Cob	\$1.00	Caesar Salad (Lettuce, Croutons, Egg & Cheese) Bacon optional	\$5.50	Bulla 99%Vanilla cup	\$2.50
Garlic Bread	\$1.00	Egg Salad Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$5.50	Vanilla Bean Yoghurt Twist	\$3.00
Fresh Fruit Slices	\$1.50	Salmon Salad Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$6.00	100% Fruit Juice Cup	\$2.50
Fresh Fruit Cup	\$2.00	Large Fresh Seasonal Fruit Salad	\$5.50	100% Fruit Juice Quelch	\$1.50
		Small Fresh Seasonal Fruit Salad	\$4.00	Frozen Bulla Yoghurt	\$3.00
				Moosies Milk Freeze	\$2.50

