

Social Media Guidelines

When are children ready for social media accounts?

We suggest considering the following points to determine whether your child is ready for social media.

- Both the physical age of your child and their level of maturity and resilience can affect their ability to have positive experiences on social media.
- Is your child able to withstand negative online experiences?
- Does your child understand the importance of protecting their personal information?
- Does your child understand how privacy settings for social media work?
- Does your child understand what is safe to share online?
- Does your child know how to report cyberbullying and other kinds of abusive content?
- Is your child willing to let you establish clear rules and supervise their social media activity?

Being safe on the internet

The internet is amazing but it can also be scary. Playing games, looking at videos and talking to friends online can be a lot of fun but ...

- don't give out information about yourself
- only talk to people you know
- think carefully before you press send
- talk to an adult if you feel worried



Age restrictions for social media ** IMPORTANT **

Tik Tok

16 years and above

Anyone under the age of 16 years old cannot access this platform due to its mature content and information settings.

Facebook

13 years and above

Facebook's Statement of Rights and Responsibilities requires users of the social network to be at least 13 years old.

Snapchat

13 years and above

This is in compliance with the Children's Online Privacy Protection Act (COPPA)

Instagram

13 years and above

Instagram requires everyone to be at least 13 years old before they can create an account.

